

Testloop 15 km 26-9-2020						
Naam:	Tussentijd 7,5 km	Gemiddeld p/km	Eindtijd 15 km	Gemiddeld p/km	Verval tussen 7,5 - 15 km	Verwachte eindtijd 25 km
Ruud	00:33:30	00:04:28	01:06:56	00:04:28	-00:00:04	01:51:33
Huib	00:35:50	00:04:47	01:10:44	00:04:43	-00:00:56	01:57:53
Nigel	00:36:21	00:04:51	01:12:49	00:04:51	00:00:07	02:01:22
André	00:37:00	00:04:56	01:14:21	00:04:57	00:00:21	02:03:55
Dirk	00:37:00	00:04:56	01:14:24	00:04:58	00:00:24	02:04:00
Augusto	00:36:59	00:04:56	01:14:33	00:04:58	00:00:35	02:04:15
Johan	00:40:28	00:05:24	01:17:00	00:05:08	-00:03:56	02:08:20
Arnoud	00:39:00	00:05:12	01:19:12	00:05:17	00:01:12	02:12:00
Astrid	00:39:05	00:05:13	01:19:18	00:05:17	00:01:08	02:12:10
Rob	00:40:30	00:05:24	01:22:28	00:05:30	00:01:28	02:17:27
Eugene	00:42:30	00:05:40	01:26:30	00:05:46	00:01:30	02:24:10
Hetty	00:47:05	00:06:17	01:27:13	00:05:49	-00:06:57	02:25:22
Jan Gerard	D.N.F	D.N.F	D.N.F	D.N.F	D.N.F	D.N.F
Erik	D.N.S.	D.N.S.	D.N.S.	D.N.S.	D.N.S.	D.N.S.
Raymond	D.N.S.	D.N.S.	D.N.S.	D.N.S.	D.N.S.	D.N.S.

Testloop 10 km 29-08-2020						
Naam:	Tussentijd 5 km	Gemiddeld p/km	Eindtijd 10 km	Gemiddeld p/km	Verval tussen 5 - 10 km	Verwachte eindtijd 25 km
Ruud	00:21:09	00:04:14	00:42:23	00:04:14	00:00:05	01:45:57
Huib	00:22:29	00:04:30	00:45:50	00:04:35	00:00:00	00:00:00
Nigel	00:24:05	00:04:49	00:47:40	00:04:46	-00:00:30	01:59:10
Dirk	00:24:39	00:04:56	00:49:54	00:04:59	00:00:36	02:04:45
Johan	00:24:39	00:04:56	00:49:58	00:05:00	00:00:00	00:00:00
Augusto	00:26:01	00:05:12	00:51:06	00:05:07	-00:00:56	02:07:45
Ed	00:27:06	00:05:25	00:54:09	00:05:25	00:00:00	00:00:00
Raymond	00:28:08	00:05:38	00:54:53	00:05:29	-00:01:23	02:17:13
Hetty	00:27:55	00:05:35	00:56:04	00:05:36	00:00:00	00:00:00
Rob	00:26:59	00:05:24	00:57:44	00:05:46	00:03:46	02:24:20
Jan Gerard	???	00:00:00	01:05:14	00:06:31	00:00:00	02:43:05
André	D.N.S.	00:00:00	D.N.S.	00:00:00	00:00:00	00:00:00
Astrid	D.N.S.	00:00:00	D.N.S.	00:00:00	00:00:00	00:00:00
Erik	D.N.S.	00:00:00	D.N.S.	00:00:00	00:00:00	00:00:00
Eugene	D.N.S.	00:00:00	D.N.S.	00:00:00	00:00:00	00:00:00